

# ALOHA KAKAHIKA

*Good morning, from Manta!*

## Tropical Fruits

<b>Island Fruits n' Honey</b> ✨	17
Melons, Papaya, Seasonal Berries House Banana Bread, Kiawe Honey	
<b>Sliced Pineapple</b>	11
<b>Half Papaya</b>	8

## Cereals & Yogurts

<b>Selection of Assorted Brand Cereals</b>	10
Sliced Bananas	
<b>Steel Cut Oatmeal</b>	13
Seasonal Berries or Sliced Bananas	
<b>Bircher Muesli of Oats</b> ✨	13
Raisins, Macadamia Nuts Seasonal Berries	
<b>Greek Yogurt</b>	13
Seasonal Berries	
<b>Hawaiian Granola</b>	14
Plain or Tropical Banana or Seasonal Berries Choice of Milk or Yogurt	

Soy Milk, Rice Milk, Almond Milk available upon request.

## Side Dishes

<b>Smoked Ham</b>	9*
<b>Pork Link Sausage</b>	9*
<b>Bangers Sausage</b>	9*
<b>Chicken Apple Sausage</b>	9*
<b>Portuguese Sausage</b>	9*
<b>Bacon, Canadian Bacon or Turkey Bacon</b>	9*
<b>Two Eggs Any Style</b>	11*
<b>Homemade Corned Beef Hash</b>	11*
<b>Steamed Rice, White or Brown</b>	6
<b>Breakfast Potatoes</b>	6
<b>Hash Brown Potatoes</b>	6

We provide the freshest of ingredients in the preparation of our cuisine. In the event a certain product is not available, we will use a similar product to ensure quality and/or freshness. Please let your server know if there are any allergies to products of which we should know.

\*Consuming raw or undercooked Meats, Poultry, Seafood, Shellfish, or Eggs may increase your risk of foodborne illness.

A service charge of 16% will be added for all parties of 6 or more.

✨ Manta - Signature Item

## Buffet

<b>Mauna Kea Breakfast Buffet</b>	37*
Selection of Juices, Fruits, Cereals Breakfast Meats, Omelet's, Waffles Pastries, Coffee or Tea	

<b>Mauna Loa Breakfast Buffet</b>	26
Selection of Juices and Fruits Cereals, Yogurt, Pastries, Coffee or Tea	

## Breakfast Starter

<b>Coffee and Donuts</b>	10
Hawaiian Malasads, Mocha Creme Anglaise	

## Breakfast Features

++ Items Served with Breakfast Potatoes of the Day

<b>Two Egg Breakfast</b>	22*
Two Eggs Any Style, Choice of Meat ++	

<b>Manta Omelet</b>	23*
Three Egg Omelet Choice of Vegetables, Meat & Cheese ++	

<b>Egg White Omelet</b> ✨	25*
Three Egg White Omelet, Sliced Tomatoes Feta Cheese, Spinach, Ali'i Mushrooms Kalamata Olives, EVOO ++	

<b>Huevos Rancheros</b>	23*
Blue Corn Tortilla, Black Beans, Fried Eggs Salsa Fresca, Cilantro Crema	

<b>Traditional Eggs Benedict</b>	25*
Canadian Bacon with Hollandaise' Sauce ++	

<b>Homemade Corned Beef Hash</b> ✨	25*
Two Eggs Any Style ++	

<b>Classic Bagel</b>	25*
Smoked Salmon with Toasted Bagel, Shaved Onion Sliced Tomatoes, Cream Cheese, Capers	

<b>Japanese Breakfast Bento</b>	27*
Egg Omelet, Half Papaya, Broiled Salmon, Miso Soup Pickled Vegetables, Ume, Teriyaki Nori, Steamed White Rice	

<b>Surf &amp; Turf Benedict</b> ✨	30
Beef Tenderloin, Caramelized Onions Taro English Muffin with Lobster Hollandaise	

## Hot off the Griddle

Choice of Pure Maple or Coconut Syrup

<b>Buttermilk or Whole Wheat Pancakes</b>	17
Choice of Macadamia Nuts, Blueberries or Sliced Bananas	

<b>Belgian Waffle</b>	17
Choice of Fresh Strawberries or Sliced Bananas and Whipped Cream	

<b>French Toast</b>	18
Homemade Portuguese Sweet Bread, Jam	



# MANTA

## Smoothies & Juices

<b>Sunrise Smoothie</b> Carrot, Orange Juice, Banana, Pineapple Papaya, Coconut Cream	14
<b>Green Flash Smoothie</b> Apple, Spinach, Avocado Honeydew, Greek Yogurt	14
<b>C Boost</b> Apple, Carrot, Orange Juice	10
<b>Live Long</b> Apple, Cucumber, Spinach	10
<b>Pure</b> Choice of Apple, Carrots, Beets, Cucumber or Orange	10
<b>Special of the Day</b> Ask your server for today's special	10
<b>Orange, Grapefruit, Pineapple, Guava, POG or Lilikoi Juice</b>	8
<b>Apple, Cranberry, Prune, Tomato, V-8 Juice</b>	6

## Coffee & Teas

<b>Freshly Brewed Hawaiian Blend</b> Decaffeinated Available	9 / 6
<b>French Press 100% Kona Coffee*</b> Local Grower Select	15 / 8
<b>Espresso</b>	7 / 5
<b>Mocha, Americano, Cappuccino or Latte</b>	6
<b>Mauna Kea Selection of Hot Teas</b>	6

## Home Bound\*\*

Take the traditions of Mauna Kea Beach Hotel with you as you explore the island or take it home to share with family and friends.

<b>Mauna Kea Banana Bread Loaf</b>	35 / 18
<b>Tri Colored Macadamia Nuts 1lb. Box</b>	36

## Ikaika Coffee Boosters

1.50 oz serving

<b>Bailey's Irish Cream</b>	12
<b>Kahlua Rum &amp; Coffee Liqueur</b>	12
<b>Koloa Dark Rum</b>	12
<b>Jameson Irish Whiskey</b>	12
<b>Absolut Vodka</b>	12

## Early Starters

<b>Spiked Bloody Mary</b>	10
<b>Tropical Mimosa*</b> Lilikoi, Guava, Pineapple, Orange	10

Prices reflect purchase of a meal.

## JOIN US

for dinner at Manta.

As the Big Island of Hawai'i's sun sets, the ambiance changes as the Bar & Lounge come to life and chefs prepare culinary delights in Manta's exhibition kitchen. Be sure to check for the schedule of live entertainment throughout the year. A live, local jazz duo performs Wednesdays and Saturdays and an award-winning wine list enhances every evening.

6:00pm-9:00pm Dinner

For dining reservations, contact Concierge, x5707.